



# **Retention in Care Services Reported by HIV Care Providers in the United States – National HIV Provider Survey, 2013-2014**

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# Conflict of Interest Disclosure

Jason Crow, MPH

- Has no real or apparent conflicts of interest to report.

# Acknowledgments

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  - 1 Centers for Disease Control and Prevention, Atlanta, GA
  - 2 University of Michigan, Ann Arbor, MI
  - 3 Altarum Institute, Ann Arbor, MI
- Medical Monitoring Project/Provider Survey
  - Providers, participating facilities, local health department staff, community and provider advisory boards, and the CDC Division of HIV/AIDS Prevention's Clinical Outcomes Team

**BACKGROUND**

# Current Retention in Care Guidelines

- International Association of Providers of AIDS Care (IAPAC) Guidelines for Optimizing the HIV Care Continuum for Adults and Adolescents
  - Systematic monitoring of retention in care for **all** patients
  - Patient education, support for keeping clinic appointments
  - Proactive engagement and re-engagement in care
  
- Recommendations for HIV Prevention with Adults and Adolescents with HIV in the United States (“PwP Guidelines”)
  - Proactive strategies to engage and retain patients in care
  - Evidence-based methods/strategies to retain patients in care

International Advisory Panel on HIV Care Continuum Optimization. IAPAC Guidelines for Optimizing the HIV Care Continuum for Adults and Adolescents. J Int Assoc Provid AIDS Care. 2015;14 Suppl 1:S3-S34.

Recommendations for HIV Prevention with Adults and Adolescents with HIV in the U.S.

<http://stacks.cdc.gov/view/cdc/26063>

# Objectives

- Describe providers' perspectives on why patients miss scheduled follow-up appointments
- Estimate the percentage of U.S. HIV care providers who report working in a facility that provides recommended retention in care services to patients
- Identify factors associated with providing recommended retention in care services

# METHODS

## Data Sources

- 2013 Medical Monitoring Project (MMP) Provider Survey
  - National probability survey with 2-stage sampling design
    - 16 states and 1 territory (Puerto Rico)
    - 622 HIV care facilities
  - Data collected from June 2013 through January 2014
  - Survey respondents
    - Physicians, nurse practitioners, and physician assistants
    - Facility response rate: 81% (505 facilities)
    - Adjusted provider response rate: 64% (1234 respondents)
- Facility characteristic data from HIV clinic administrators



## Outcomes of Interest

- Provider-perceived reasons why patients miss follow-up appointments
  - e.g., emotional/psychological, homelessness, mental health, substance abuse, transportation
- Provider's facility delivered one or more of the following retention services
  - Appointment reminders
  - Missed visit follow-up
  - Patient navigation services
  - Reinforcement of the importance of attending follow-up visits
  - Systematic monitoring of retention in care of all patients
- Provider's facility delivered ***all five*** retention services

# Independent Variables of Interest

- HIV facility characteristics
  - Private facility
  - Ryan White HIV/AIDS Program (RWHAP) funding
  - Facility size (number of HIV patients served)

## Data Analysis

- Prevalence estimates calculated for outcomes of interest
  - Estimated standard errors account for complex survey design
- Associations between retention services and facility characteristics
  - Rao-Scott chi-square tests
- Data weighted to account for unequal selection probabilities, non-response
- Estimates representative of all U.S HIV care providers

# RESULTS

## Provider Characteristics

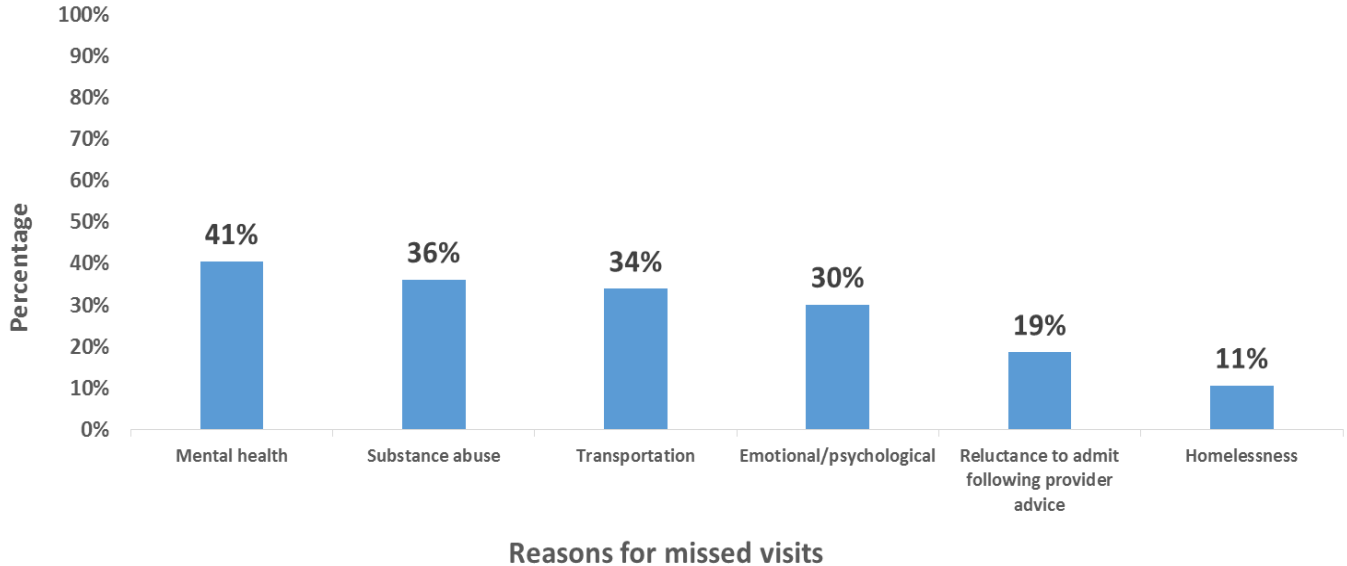
	Weighted %	(95% CI)
<b>Female</b>	<b>44</b>	<b>(37-50)</b>
<b>Age &lt;50</b>	<b>42</b>	<b>(37-46)</b>
<b>Provider type</b>		
Physician	<b>79</b>	<b>(74-85)</b>
Nurse practitioner	<b>15</b>	<b>(10-20)</b>
Physician assistant	<b>5</b>	<b>(3-8)</b>
<b>HIV specialist*</b>	<b>58</b>	<b>(51-64)</b>
<b>Provides primary care</b>	<b>83</b>	<b>(78-88)</b>

\* As defined by the HIV Medicine Association and the American Academy of HIV Medicine

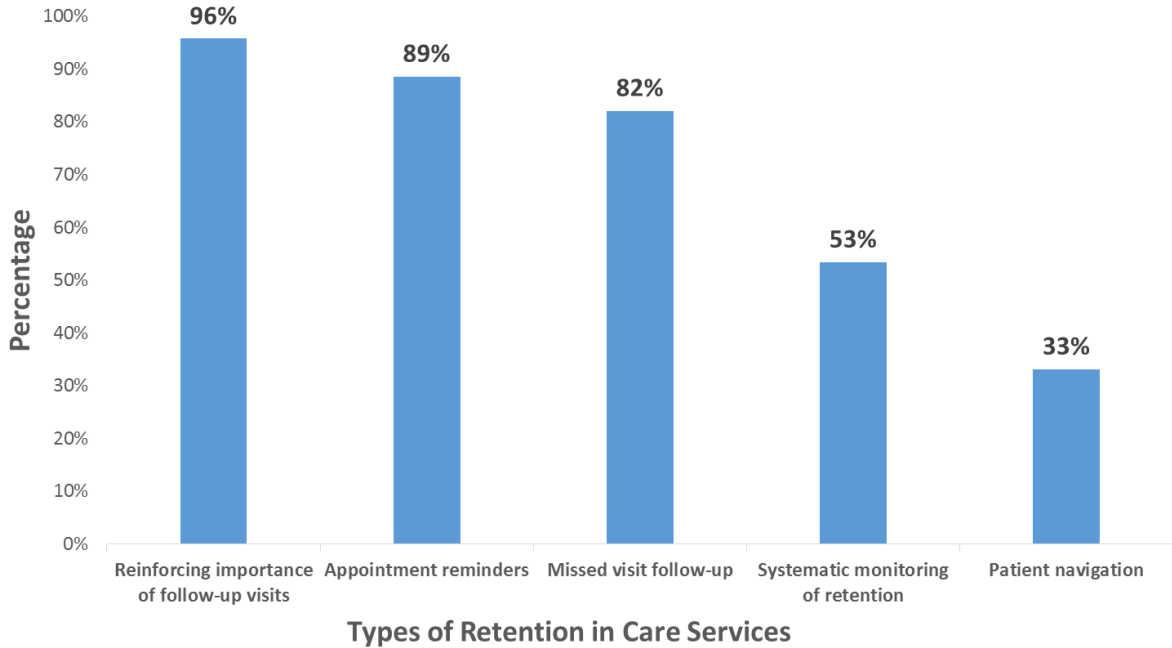
## Percentages of Providers by Facility Characteristics

	Weighted %	(95% CI)
<b>RWHAP-funded facility</b>	<b>48</b>	<b>(35-60)</b>
<b>Private facility</b>	<b>42</b>	<b>(33-51)</b>
<b>Facility size (estimated number patients)</b>		
Small: <50 patients	29	(22-37)
Medium: 50-400 patients	45	(37-53)
Large: >400 patients	25	(20-31)

# Provider-perceived Reasons Why Patients Miss Follow-up Visits

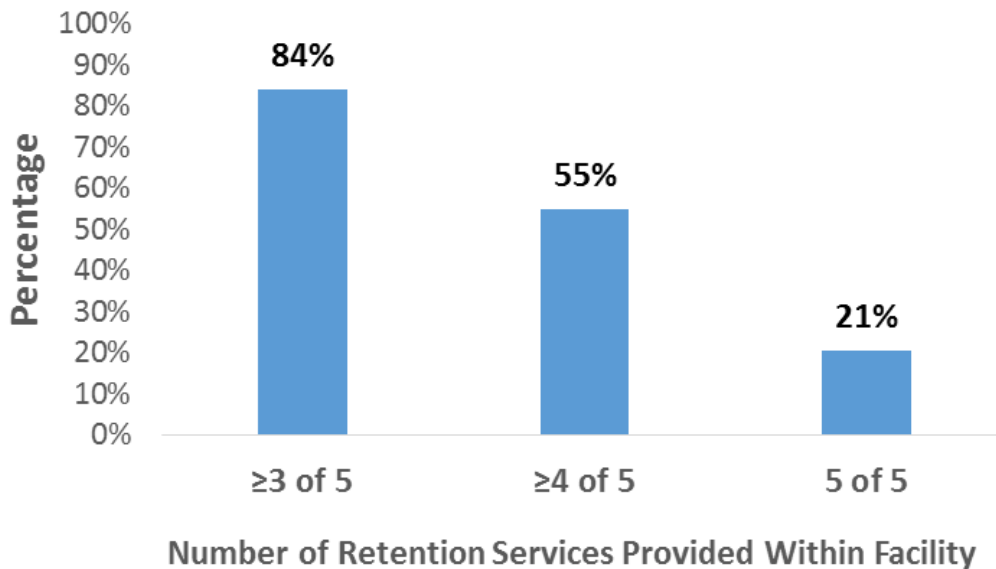


# Retention in Care Services Provided

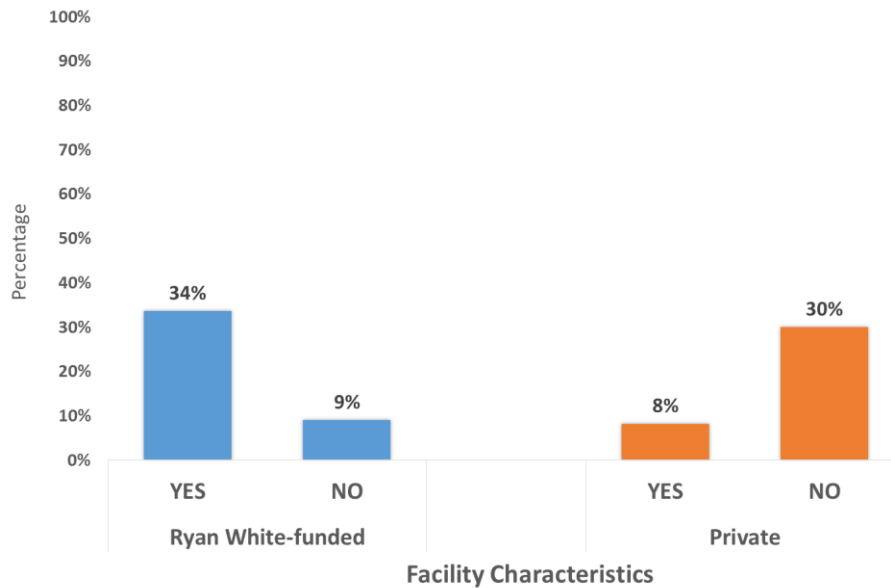




## Total Number of Retention Services Provided

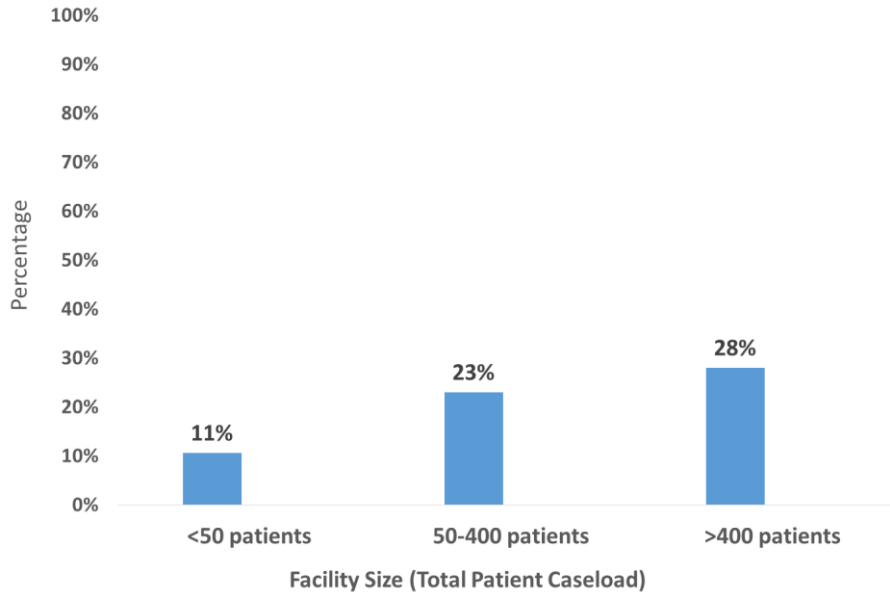


# Provision of All Five Retention Services by Ryan White Funding (RWHAP) and Facility Type



**\*associations significant  
( $p < 0.0001$ )**

# Provision of All Five Retention Services by Facility Size



\*association significant ( $p < 0.01$ )

**DISCUSSION**

## Discussion

- Several provider-perceived reasons for missed follow-up appointments
  - Mental health, substance abuse, and transportation problems
    - Identify onsite or external sources for support service referrals
- Only 1 in 5 providers work in facilities providing all 5 retention services
  - 1 in 2 work in facilities that conduct systematic monitoring of retention in care
  - 1 in 3 work in facilities that provide patient navigation services
- Certain facilities may need assistance implementing recommended services
  - Non-RWHAP-funded facilities
  - Private facilities
  - Facilities serving smaller numbers of patients

## Limitations

- Possible social desirability and recall bias
- Provider lack of awareness of all retention-related services provided
- Survey did not include questions on every recommended retention strategy cited in recent guidelines

## Future Considerations

- Promote awareness of retention in care guidelines, particularly among:
  - Facilities not receiving RWHAP funding
  - Private facilities
  - Small facilities
- Research barriers to providing retention in care services
- Study interventions to increase delivery of clinic-based retention services
- Include retention services as quality-of-care indicators

For more information, contact CDC  
1-800-CDC-INFO (232-4636)  
TTY: 1-888-232-6348 [www.cdc.gov](http://www.cdc.gov)

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